PM 557 Introduction to Heart Motives Counseling

Urbana Theological Seminary
Fall 2010

SYLLABUS

Instructor: Dr. Min Chung
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Class location: **First Christian Church (Fellowship Hall):**
3601 South Staley Road Champaign, IL 61822
Class time: Mondays 6:30-8:30p

The mission of Urbana Theological Seminary is to provide graduate theological education which prepares people for Christian ministry and leadership, equipping them to love, know, and serve God.

COURSE INFORMATION

I. Course Description

An introduction to the field of counseling from a directly biblical perspective. Attention will be given to the biblical framework and foundations for counseling. Attention will also be given to basic approaches and theories along with practical implementation.

II. Credit Hours

2 hours

III. Course Goals

- To gain a deeper understanding of our own hearts through the perspective of Heart Motives.
- To understand how all counseling issues can be explained and redeemed through the Word of God.
- To learn how to love God and others by becoming better counselors who can serve Christians as well as others in the community.
- Providing a method of counseling through Heart Motives that can be used to serve God to heal heart issues, interpret the past, evangelize, and disciple people all over the world.

IV. Course Objectives

1. Understanding different views of counseling and the foundation of Biblical Counseling
2. To provide students with a solid theological understanding of counseling from the perspective of biblical (nouthetic) counseling.
3. To provide students with a helpful, practical tool for counseling from the perspective of heart motives.
4. To provide students with a rudimentary understanding of the most common philosophies of counseling from a Christian perspective.

V. Student Assessment

Assessment	Related Goal/Objective	Percent of grade
1. Reading Articles & Books	1, 2, 4	25%
2. Papers	All	20%
3. Final Exams	All	35%

VI. Course Textbooks and Required Readings

Textbooks are available at TIS bookstore on 6th St. between Green & John. They are located on the second floor.

- Recommended:
  - Reading Articles assigned each session due at the next class (Included in Counseling CCEF CD, available at TIS)
    - **Note: Required for students taking class for credit**
- Required:
  - *Instruments in the Hands of the Redeemer* (Paul David Tripp) due by **October 25**
  - *Speaking Truth in Love* (David Powlison) due by **December 6**

VII. Course Schedule (Tentative)

Date		Title	HW Assigned
AUGUST	**30**	**Class 1: Overview of Counseling**	1. Read "Dichotomy or Trichotomy? How the Doctrine of Man Shapes the Treatment of Depression" by Winston Smith (First CD – Vol. XVIII, No. 3, 2000, pp. 21-29) 2. Read Pastor Min's thesis.

SEPTEMBER	**6**	**(Labor Day)** **Class 2:** **Total Depravity**	1. Read "Critiquing Modern Integrationists" by David Powlison (Vol. XI, No. 3, 1993, pp. 24-34) 2. Read "Authors and Arguments in Biblical Counseling" by William Smith (Vol. 15, No. 1, 1996, pp. 9-20) 3. Read "The Biblical Basis of Heart Motives" by Min Chung
	13	**NO CLASS**	1. *Instruments in the Hands the Redeemer* (Paul David Tripp) by 10/26 2. *Seeing with New Eyes* (David Powlison) by 12/07
	20	**Class 3:** **LIVE counseling**	1. Write 3-5 page self-counseling paper.
	27	**Class 4:** **Overview of HM**	1. Read "Counseling and the Problem of the Past" by John F. Bettler (Volume XII Number 2 Winter 1994)
October	**4**	**Class 5:** **HM (respect me)**	1. "Opening Blind Eyes: Another Look at Data Gathering" by Paul David Tripp (Volume XIV, No. 2, Winter 1996, pp. 6-11) 2. "Idols of the Heart and Vanity Fair" by David Powlison (Volume XIII, No. 2, Winter 1995, pp. 35-50)
	11	**NO CLASS**	
	18	**Class 6:** **Mind (REAP), Heart motive 2 (Like Me)**	1. "Love Speaks Many Languages Fluently" by David Powlison (Volume XXI, No. 1, Fall 2002), pp. 2-11 2. "What Is the Ministry of the Word?" by David Powlison (Volume XXI, No. 2, Winter 2003), pp. 2-6
	25	**Class 7:** **Heart motive 3 (Love Me)**	1. "Guidance and the Plan of God" by Jim Petty (Volume XVII, No. 3, Spring 1999), pp. 35-44 2. "Data Gathering Part 2: What the Counselor Brings to

			the Process" by Paul David Tripp (Volume XIV, No. 3, Spring 1996), pp. 8-14
November	**1**	**Class 8:** (TBD)	1. "Strategies for Opening Blind Eyes: Data Gathering Part 3" by Paul David Tripp (Volume XV, No. 1, Fall 1996), pp. 42-51 2. "The Grace of God's Accountability" by Robert and Astra Brantley (Volume XVII, No. 3, Spring 1999), pp. 45-47
	8	**Class 9:** (TBD)	1. "Counseling Those Who Are Depressed" by Edward Welch (Volume XVIII, No. 2, Winter 2000), pp. 5-31 2. "What Do You Feel?" by David Powlison (Volume X, No. 4, 1992), pp. 50-61 3. "Watch Your Language!" by E. Bradley Beevers (Volume XII, No. 3, Spring 1994), pp. 24-30
	15	**Class 10: Theology of God's Will and Counseling; Heart motive 4** **(Perf Me)**	1. Counsel a friend and determine their heart motive
	22	**NO CLASS**	(Thanksgiving break)
	29	**Class 11: Repent and Redeem** **How to determine someone's heart motive**	1. "Homosexuality: Current Thinking and Biblical Guidelines" by Edward Welch (Volume XIII, No. 3, Spring 1995), pp. 19-29 2. "I Was a Transsexual Male…": A Testimony to the Grace of God by Anonymous (Volume XIII, No. 3, Spring 1995), pp. 30-35 3. Queries and Controversies "Accountability" by Alan Medinger (Volume XIII, No. 3, Spring 1995), pp. 54-55
December	**6**	**Class 12: Counseling doubt and fear**	1. "Picturing the Heart of Conflict" by David Powlison (Volume XVI, No. 1, Fall 1997), pp. 43-46 2. "Getting to the Heart of the Matter in Marriage Counseling" by Leslie Vernick (Volume XII, No. 3, Spring 1994), pp. 31-35

	13	**Class 13:** **Issue: Eating** **Issue: Lust (Theology of sex and illegitimate sexual relationships)** **Issue: Marriage Counseling**	

VIII. Course Expectations & Grading System

- Course Participation 10%
- Attendance 10%
- Readings on Schedule 25%
- Papers 20%
- Final Paper 35%

· *Attendance* at class is assumed. If the student can not be present on any particular evening, taping of the lecture is encouraged for the student's use. The student is responsible to provide the equipment and arrange for someone to run it.

· The format of this class, as one of the introductory synthetic ("big picture") courses in the curriculum, is primarily lecture. However, *participation and interaction* are encouraged, whether in the asking of questions, engaging the professor in discussion after class or at his office, or in the formation of study groups to reinforce learning of the materials.

· All work is to be turned in *on time* and *in hard copy* (no e-mail submissions). In the event of significant unforeseen circumstances, particularly ill health or tragedy, the student is encouraged to make arrangements with the professor to have a different due date. Submission of work after the deadline may result in a lower grade.

· All policies of Urbana Theological Seminary regarding *extensions* and *grading* are in effect. Consult the Urbana Seminary Catalogue if there are questions about these matters.

Grading
Urbana Theological Seminary's grading system shall be used for this course:

A	4.00	92.5 - 100
A-	3.67	89.5 – 92.4
B+	3.33	86.5 – 89.4

B	3.00	82.5 – 86.4
B-	2.67	79.5 – 82.4
C+	2.33	76.5 – 79.4
C	2.00	72.5 – 76.4
C-	1.70	69.5 – 72.4
D+	1.30	66.5 – 69.4
D	1.00	62.5 – 66.4
D-	.70	59 .5 - 62.4
F	0.00	0.0 - 59.4